

Cathedral Lady Irish Basketball

July 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
	<i>Moratorium Week – No school activities</i>					
5	6	7	8	9	10	11
	Open Gym 6:00-8:00 am (WAC)	Conditioning 9:00-10:00 am Weights 10:00-11:00 am	Open Gym 10 am – 12:30 pm (Mimms)	Conditioning 9:30-10:30 am Weights 10:45-11:45 am		
12	13	14	15	16	17	18
	Open Gym 11:00 am – 2:00 pm (WAC)	Weights 10:00-11:00 am	Open Gym 11:00 am – 2:00 pm (WAC)	Weights 10:45-11:45 am	<i>Camp Week – Sign up to work AM or PM</i>	
19	20	21	22	23	24	25
		Open Gym 6:00-8:00 am (WAC) Weights 10:00-11:00 am	Open Gym 6:00-8:00 am (WAC)	Weights 10:45-11:45 am Open Gym 7:30 – 9:30 pm (WAC)	Potential Shootout @ PAC or Finch Creek (9:00 am-4:00 pm)	
26	27	28	29	30	31	
		Open Gym 6:00-8:00 am (WAC) Weights 10:00-11:00 am	Open Gym 6:00-8:00 am (WAC)	Open Gym 6:00-8:00 am (WAC) Weights 10:45-11:45 am *Potential Varsity Scrimmage (Out of town)	Potential Shootout @ PAC or Finch Creek (9:00 am-4:00 pm)	